



## President's Message

I hope everyone had a great Easter and Passover with family and friends. We saw another successful FITT on Easter Sunday including the breaking of two course records! We are all looking forward to our big race weekend in May (14-15) when we have Barrio Logan Grand Prix, followed by our third FITT. We need as many members as possible to step up and volunteer. Please see Bill Branson's message for details.

I'll continue to remind everyone that we need members to step up for the 2023 board in the following positions:

- President
- Vice President
- Treasurer

I look forward to seeing many of you on the Saturday ride when I return from the Desert next week!

Cheers,

Vali Holroyd

President SDBC

president@sdbc.org



## 25TH ANNUAL BARRIO LOGAN GRAND PRIX Saturday May 14th, 2022

BLGP is one of Southern California's largest cycling events! Join in the thrill of fast-paced bicycle racing by pro racers and top-level amateurs. The race is open to men and women of all ages and abilities. See the flyer for the details:

[SDBC\\_BLGP\\_2022.pdf](#)

Register today! <https://www.bikereg.com/barrio-logan-grand-prix-2022>

Jerry Marino

## VOLUNTEERS FOR BARRIO LOGAN GRAND PRIX

We currently need 75 more volunteers!

Volunteers can help with everything such as:

- Registration
- Driving a hertz truck
- Setup and breakdown
- The kids race
- The bike rodeo
- And our biggest need: **course marshals**

Sign up today at: [volunteersignup.org/TDEFW](https://volunteersignup.org/TDEFW)

Make sure to bring friends and family! They are welcome to volunteer as well.

Please contact me at [volunteer@sdbc.org](mailto:volunteer@sdbc.org) if you have any questions about volunteer opportunities.

**Bill Branson**  
SDBC Volunteer Director  
[volunteer@sdbc.org](mailto:volunteer@sdbc.org)

### 2022 Title Sponsor



### San Diego Velodrome Swap Meet

April 24, 2022

Looking for that special bike part, bicycle, wheelset, clothing, or accessory?  
Twice a year the SDVA hosts an everything bicycle swap meet in the infield of the track. Gates open at 7:00 AM for sellers and at 9:00AM for buyers.

<https://www.sdvelodrome.com/swapmeet>

# Ride the San Diego Velodrome in Balboa Park

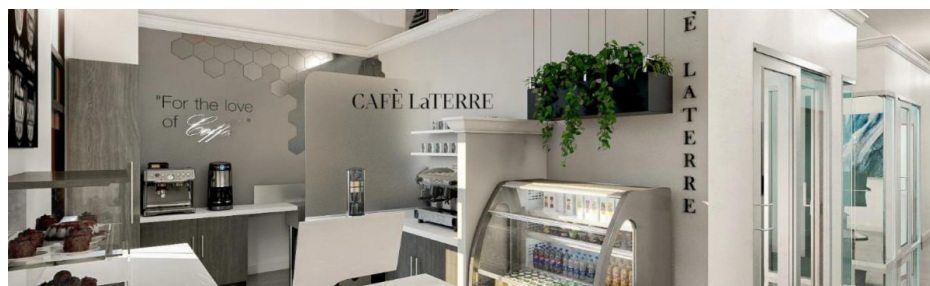
Sunday May 1, 2022  
2:00 PM – 4:00 PM PDT

On the first Sunday of each month, learn all the basics you need to ride a bike safely on the velodrome. Cost \$40.

<https://www.eventbrite.com/e/try-the-track-at-the-san-diego-velodrome-tickets-293442232617>

Whitney DeSpain  
whitney.despain@gmail.com

\* Note that this is not an official SDBC event



The Saturday Ride coffee stop

## Sunday Rides Are Back!

Beginning Sunday April 24  
8:30 am

- **Goal:** Camaraderie, discovery and variety on bike.
- **When:** Sunday mornings at 8:30.
- **Meet up & Route:** the first few rides we'll meet at UCC. After that we will vary the route and our meet up location.
- **Changes:** The route and the meet up location may change from week-to-week. Check the *Weekly Update* for each week's meet up location and route.
- **Distance/Elevation/Pace:** 35-55 miles / 1,500' - 4,000' of elevation gain / pace D-1/D-2 (14-17 mph). There will be regrouping as is normal on the 'D' rides.
- **Experience required:** We're riding in a variety of locations within San Diego. You must be able to find your way back to the start if you get dropped.
- **SDBC Ride Leader:** Tony Lowery [sundayride@sdbc.org](mailto:sundayride@sdbc.org)
- **Rules:** Helmets required; Standard bike bottles only; No earbuds; No headphones; No cellphone use; No aero bar use; No flashing lights; and No e-bikes.

This week's route: <https://ridewithgps.com/routes/39120689>

Tony Lowery  
Ride Leader  
[sundayride@sdbc.org](mailto:sundayride@sdbc.org)



#### FITT, 4-17-22

Lily Mora, **1st**, Jr W 13-14 (attached podium pic with Lily carrying her bike)

Natalie Wang, **2nd**, Jr W 15-16

Aaron Wang, **3rd**, Jr M 13-14

#### 2022 LAVRA Spring Omnium, 4-16-22

Sofia Rossi, **3rd**, W Cat 3/4 (attached podium pic with 3 ladies)



More pictures of their amazing weekend are here:

<https://ibb.co/album/xSY10c>

Look closely and you will see Josh Bonnici, our **Title Sponsor**, helping them start their time trials!

Raymond Wang

Junior Team Director

[juniordirector@sdbc.org](mailto:juniordirector@sdbc.org)





Safe Sport  
Bronze Level

## SAN DIEGO BICYCLE CLUB

San Diego's oldest and largest racing and recreational cycling club

### April is Membership Month!

For all of April 2022, new members get 10% off membership fees!

#### Member Benefits

- ✓ Free weekend club and training rides for all abilities
- ✓ Racing teams for juniors, men, women from novice to Cat 1 including off-road and Masters teams
- ✓ Discounts and Club Nights from our sponsors, including UC Cyclery purchases, nutrition products, glasses and other sponsor items
- ✓ Membership to the SDBC Team Clothing Store
- ✓ Special Rides and Events throughout the year
- ✓ Reduced membership to SD Mountain Bike Association - just \$20
- ✓ Membership in the San Diego County Bicycle Coalition.



SDBC supports the cycling community

- ✓ 1,000+ Helmets donated to children in our community
- ✓ 25,000+ volunteer hours contributed to local cycling since 2007



Holiday Toy Ride 2021



Womens' Team Racers



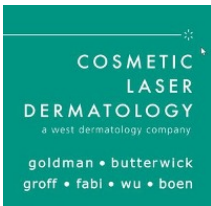
Kids' Community Race



Support our racing teams and other club activities by joining today!

<https://www.sdbc.org/join>

Simon Bott-Suzuki  
Membership Director  
[membership@sdbc.org](mailto:membership@sdbc.org)



## SDBC KITS



Jersey Front



Bib Front



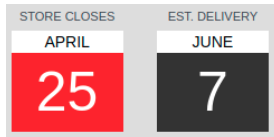
Jersey Back



Bib Back



<https://sdbc.org/store>



<https://teamstore.pactimo.com>  
password: sdbc2022



**Specialty Produce** is a family owned and operated food service and retail fresh produce supplier located in San Diego, CA.

## Last Call For Members! Spinergy Wheels for Sale

Spinergy gave SDBC a huge discount on wheel sets for the race teams and now we are selling the remaining sets to members. After this they will be offered to the public!

Buy them directly from me: [equipment@sdbc.org](mailto:equipment@sdbc.org)

### Pricing and Inventory:

#### NEW Carbon Disc, Thru Axle 12 x100 mm, 6 bolt

Qty 1 - FCC 32 mm, w/new Specialized All Weather 25C tires & tubes, ~~\$725~~ **\$675**  
(Retail \$1,199)

Qty 1 - FCC 32 mm, ~~\$695~~ **\$649** (Retail \$1,199)

#### USED (VG condition) Carbon Disc, same as above

Qty 1 - FCC 32 mm, **\$475** (Retail \$1,199)

#### NEW (in boxes) Aluminum Rim Brake w/Skewers

Qty 5 - Z Lite 24 mm, **\$395** (Retail \$739)

Buyer purchases as-is, no warranty, and assumes all liability. No refunds or exchanges. Wheel set purchases are payable by check made out to SDBC.

Michael Pelkey  
Equipment Director  
[equipment@sdbc.org](mailto:equipment@sdbc.org)



ROULEUR FIVE-YEAR ANNIVERSARY  
CELEBRATION



<https://www.teedeeuas.com>



Richard Stein, a long time SDBC member (20 years) but not a member of the race teams, achieved 2nd place in his category at FITT!



## SDBC Men's Racing Results

### Fiesta Island Time Trial, CA, 04/17/22

Zack Goodman, 1<sup>st</sup> place (Men 19+)  
David Garcia, 1st place (Men 35+)  
Edgardo Hernandez, 3rd place (Men 35+)  
Jason Ryan, 1<sup>st</sup> place (Men 45+)  
Steve Burge, 5<sup>th</sup> place (Men 45+)  
David Morrison, 6<sup>th</sup> place (Men 45+)  
Richard Stein, 2nd place (Men 60+)  
Kevin Festini, 3<sup>rd</sup> place (Men Pro 1/2/3)  
Martin Adamczyk 5<sup>th</sup> place (Men Pro 1/2/3)  
Eric Boarman, 1st place (20K Open TTT - 2 person)  
Tom McCarthy, 1st place for (20K Open TTT - 2 person)

### Santa Barbara County Road Race, Santa Maria, CA - 4/16/2022

Peter Dufour, 5th place, Men Masters 60+

### Tour de Murrieta - GC, 4/3/2022

Benjamin Anton, 28th place, Cat 4/5  
Matthew Normand, 30th place, Cat 4/5  
Robert Davis, 33rd place, Cat 4/5  
Robert Davis, 12th place, Master 55+ 1-4  
Jason Ryan, 27th, Masters 35+3/4  
David Morrison, 22nd, Masters 35+ 3/4  
Doug Small, 21st, Masters 35+ 3/4  
Joshua Bonnici, 19th, Masters 35+ 3/4  
Edgardo Hernandez, 17th, Masters 35+3/4  
Maison Chen, 10th, Masters 35+ 3/4  
Fern Hernandez, 5th, Masters 35+ 3/4  
Stephen Burge, 32nd, Masters 50+ 1-4  
David Morrison, 5th, Masters 50+ 1-4  
Michael Green, 24th, Masters 35+/45+ 1-4  
David Garcia, 15th, Masters 35+/45+ 1-4  
Conrad Hindert, 6th, Masters 35+/45+ 1-4

### CBR #4/Dominguez Hills, 4/10/2022

David Garcia, 3<sup>rd</sup> place, Cat 2/3  
David Garcia, 47th place, Pro 1/2/3  
Martin Adamczyk 10<sup>th</sup> place, Master 40+ Cat 1/2/3

Martin Adamczyk 28<sup>th</sup> place, Pro 1/2/3  
Doug Small, 21st place, Cat 4/5  
Doug Small, 29<sup>th</sup> place, Cat 4

David Gomaidy  
Men's Team Director



## Liège-Bastogne-Liège

The oldest professional cycling race in the world is this weekend, Sunday April 24th. It is a one-day classic cycling race in Belgium and is considered to be one of the most difficult one-day cycling events in the world because of its length and demanding course. Although, last weekend's Paris-Roubaix certainly didn't look easy.

<https://en.wikipedia.org/wiki/Liege-Bastogne-Liege>

Liège–Bastogne–Liège Femmes, Sunday 4/24  
Liège–Bastogne–Liège Mens Sunday 4/24



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You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at [smile.amazon.com](https://smile.amazon.com) and choose "San Diego Bicycle Club".



## Easter Animal Ride!

SDBC member Robert has been creating some fun and challenging rides. But this weekend he outdid himself. He created a cycling Easter egg hunt using animal statues across San Diego as landmarks. What a wonderful idea! The route and pictures look amazing! Check out all of the destinations and many more pictures on his Strava page:

<https://www.strava.com/activities/6999185531>







## Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:  
Not A Member :( Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki  
Membership Director  
[membership@sdbc.org](mailto:membership@sdbc.org)

Send Comments and Suggestions to:  
**Michael Karres**  
Weekly Newsletter Editor  
[weekly@sdbc.org](mailto:weekly@sdbc.org)



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