



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



President's Message

I hope you all have a safe Labor Day weekend! Please remember that we will be hosting the Cecy Krone Memorial Ride, which starts at UC Cyclery at 8:30am on Monday morning, September 5th. Please review the route and the other specifics below and on our [website](#) under "Rides".

If you would like to help out with the Sunday rides, please contact Tony Lowery at sundayride@sdbc.org to let him know you are interested in helping out.

Cheers,
Vali Holroyd
President SDBC
president@sdbc.org



Cecy Krone Memorial Ride

When: September 5, 2022 at 0830

Where: UC Cyclery

Distance: 54 miles

Route: [MapMyRide](#)

Please join SDBC for a 54 mile bike ride to Carlsbad in memory of fellow SDBC members whose lives have been taken on the roads by drunk drivers. This ride will be led by SDBC ride

leaders at a moderate and fun pace.

<https://www.sdbc.org/cecily-krone-memorial-ride>

From the Secretary

Head's Up: The next meeting of the Board of Directors will be on Tuesday, September 13, 2022 at 6:30 p.m. via Zoom. The formal notice and Zoom link information will be in next week's Weekly Update. Board meetings are open to everyone – SDBC members and the general public. We encourage you to join in and take part.

Mike McLaughlin
Secretary
secretary@sdbc.org



SDBC KITS



Jersey Front



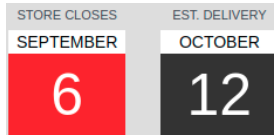
Bib Front



Jersey Back



Bib Back



<https://teamstore.pactimo.com>
password: sdbc2022



<https://sdbc.org/store>

Please remember that if you have an issue with your team kit, reach out to me and not Pactimo!

Vali Holroyd
Clothing Director
clothing@sdbc.org

SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been



updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.



SDBC Race Results

Irvine Grand Prix of Cycling - Master's California State Championships - 08/28/2022

Heather Odom, 8th, Women 35+

James Perren, 14th, Men 60-64

Robert Davis, 12th, Men 55-59

Robert Davis, 15th, Men 50+

David Morrison, 6th, Men 50-54

David Morrison, 23rd, Men 50+

Ivan Murat Altinbasak, 24th, Men 50-54

Ivan Murat Altinbasak, 11th, Men 50+

Stephen Burge, 28th, Men 50-54

Stephen Burge, 20th, Men 50+

Michael Morrison, 34th, Men 50-54

Michael Morrison, 22nd, Men 50+

Doug Small, 19th, Men 45-49

Eric Boarman, 4th, Men 35-39

Martin Adamczyk, 9th, Men 40-49

Martin Adamczyk, 19th, Men Pro 1/2/3



LAMBRA Criterium Championship, Hattiesburg, MS. - 08/27/2022

Matthew Normand, 2nd, Cat 5

Friday Night Racing, San Diego Velodrome - 08/26/2022

David Morrison, 2nd, FNR Masters



intouchchiropractic



PLANT
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PACTIMO

MMCF
MAMMOTH MOUNTAIN CYCLING FEDERATION
PRESENTS

Mammoth
GRAN FONDO

MAMMOTH LAKES CA
SEPT 10 2022

102, 70 and 42 mile options
75 miles closed to vehicles
Scenic ride through the Eastern Sierra

REGISTER HERE



RTNR

Last week I joined the Rouleur Thursday Night Ride from Rouleur North Park and it was incredibly fun! The core group is a bunch of friendly cyclists riding a variety of interesting bikes. The route is best described as a 19 mile urban obstacle course. It's led by Rouleur bartender Preston Bewley. I finally understand why Michael Pelkey has been promoting this ride for months. You should check it out too. They roll out at 6:00. You can see the route on Michael's Strava post:

<https://www.strava.com/activities/7701331029>

(pictures courtesy of various Strava posts)





Sunday Ride

No ride this Sunday so we will be fresh for the Cece Krone Memorial ride on Monday September 5th.

The **Sunday Summer Series** (so named by John K) will wrap up on September 25th.

Tony Lowery
Ride Leader
sundayride@sdbc.org



<https://www.teedeeuas.com>



FLUID

amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

CLASSIFIEDS

Smokin' deal on a trio of Ultegra products still in the box!

Buy all three for **\$184** or separately as:

Cassette: \$80, Rear Derailleur \$94, Chain \$40

Details:



Shimano Ultegra Cassette: 11-32 CS-R8000
Shimano Ultegra Rear Derailleur: RD-R8000-GS
Shimano Dura-Ace XTR Chain: 11s CN-HG901-11

Please contact me via email at donovanbrb@gmail.com if interested or have any questions.



Rotor ALDHU 150mm Road Cranks \$200

Excellent condition ROTOR Aldhu Crank arms in 150 mm size. Came on my bike but I needed 170mm so I bought the Carbon Aldhu crank arms.

Fits any 30mm spindle. Made of aluminum. Really great crank arms, will increase your cadence.



Compatibility: BSA30 , ITA30 , BB30 bearing kit, PRESS FIT 4630, UBB4630, BB386 , PRESS FIT 4130

More info:

<https://rotorbike.com/catalog/default/rotor/road/cranks/aldhu/aldhu-cranks.html>

Robert | link2009@gmail.com



Shimano Deore Xt Crankset - 175

Selling my gently used crankset - \$100

Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#). And please contact **Simon** with any membership questions.

Simon Bott-Suzuki
Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Michael Karres
Weekly Newsletter Editor
weekly@sdbc.org



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