



**WEEKLY UPDATE**

for members of the  
San Diego Bicycle Club



# Congratulations

## SDBC 2023 Officers & Directors

### Executive Committee

President: Simon Bott-Suzuki

**Vice President: Open**

Secretary: Mike McLaughlin

Treasurer: Jerry Marino

### Financial

Sponsorship: Candace Wyatt

**Membership: Open**

Clothing: Vali Holroyd

Equipment: Michael Pelkey

### Community & Communications

Community Engagement: Bill Riggs

Special Events: Peter Livingston

Volunteers: Victor Vargas

Weekly Update: John Keturi

Webmaster: Tim Perkins

Bike Coalition: Serge Issakov

Historian: Ralph Elliott

### Rides & Races

Training: Charlie Sykes

**Executive Race Director: Open**

Fiesta Island Time Trial (FITT): Mike Barreras

### Teams

Juniors: Devon Muto

Women's Cat 1-2-3: Katherine Nadler

Women's Cat 4-Masters: Beril Polat

Men's Cat 1-2-3: David Garcia

Men's Cat 4-5/Masters: David Gomaidy

Off Road: Stephen Burge

The logo for Bonnici Law Group (BLG) features the letters "BLG" in a large, bold, white font with a blue outline, set against a blue background.

Bonnici Law Group



## 35th Annual SDBC Light Up A Life Toy Ride

Thank you to everyone who joined and supported the Annual Light Up A Life Toy Ride. Over 200 cyclists, many on decorated bikes and dressed for the occasion, escorted Santa (Bill Riggs) in our annual ride to deliver toys to the Joan Kroc Salvation Army Center.

Marilyn and John Detloff drove a full SUV with donations brought to the start of the ride. Ralph provided the music, announcing, and MC'd the bike and costume contest. SDBC Ride Leaders Charlie, Mike, Pete, Chris, Jordan, Tony, Michael K., and David controlled the ride and were assisted by members Mike N., John K., Vishu and Scott. Ride Leader Emeritus Bob H., along with Brice, swept the route and assisted riders falling off the back. And thank you to Doug from Team Tai Nam who jumped in to assist when needed. Lee Driver rode SAG and assisted several riders with flats and mechanicals.

Everyone seemed to enjoy the ride and the burritos from Casa de Pico, most drivers were patient, and everyone navigated the rough pavement on the route. We even had an SDPD officer stop traffic on Taylor St. which helped us make the turn from Presidio safely.

Richard Lee took photos throughout the ride. You can find some on SDBC's



## SDBC Team Recruitment Ride

Please join us for our final off-season team/recruitment ride **this Saturday, 12/17/22**. We will be doing a simple Great Western Loop ride, starting and ending at **Jamacha Elementary school**. **8:00 AM meetup, 8:30 rollout**. We will be sticking to the straightforward loop, with no Tavern/Alpine/Viejas and no Honey Springs add-on - so if you want bonus miles, do some pre-riding! (that's my plan).

Equally important - we will be having a little team BBQ afterward at Josh's house. Food will be provided out of our team budget, so come eat and hang on us!

Men's Team Leaders:

David Garcia

Tom McCarthy

Josh Bonnici

David Gomaidy | [men45director@sbc.org](mailto:men45director@sbc.org)

# SDBC KITS

Stay tuned!!! The clothing store is not up and running yet, but I'll put out an email to let everyone know when it is open and how to order your kit.

Please let me know if you have any questions!

Cheers,  
Vali Holroyd  
Clothing Director  
clothing@sdbc.org



## SDBC Gear Bags

SDBC Gear bags are available from the Pedal Industries' SDBC store! The design has been updated to our new 2022 colors.

<https://pedalindustries.com/collections/sdbc-san-diego-bicycle-club-store>.

**SOURCE  
ENDURANCE**

## WELCOME TO OUR NEW SPONSOR

Source Endurance is a group of highly educated, experienced and collaborative coaches who have guided clients to successfully meet and exceed their fitness and performance goals in cycling. They strive to help each client enjoy the success that comes with an exceptional performance on days that matter to them.

Source Endurance is offering some amazing SDBC Member benefits: [click here for the details](#)



Velodrome Hour Of Power  
Memorial



The velodrome is holding a special Hour of Power tomorrow, **Friday Dec 16th, from 7:00-8:00 pm** in honor of Steve Morris. Cowboy Steve sponsored SDBC about 10 years ago. In addition to being a real estate agent in Encinitas, he was often racing at the velodrome throughout the years. He also helped juniors get involved in the sport & supported the track often.

He passed away in Nov from prostate cancer and his family wants to remind folks to do early check ups to beat the odds of this nasty cancer.

For this hour, riders are allowed to bring their road bikes and cruise around the apron of the track or bring your own track bike and ride with us. Arrive early to hear stories about his great character and his many stories & involvements in life. The track will be open by 5:30 pm.

<https://www.sdvelodrome.com/contact>

Thanks,  
Ron Guitard



# 74th Banquet of Champions

Come celebrate our accomplishments during 2022  
and kick-off our 77th year of bicycle racing!

**The Old Spaghetti Factory – Downtown San Diego**  
275 5th Ave, San Diego, CA 92101  
**Sunday, January 22, 2023**  
**5 PM to 8:30 PM**

Adults \$40  
Juniors \$25

Register online by January 18, 2023 at:

Peter Livingston  
Special Events Director  
specialevents@sdbc.org



<https://www.teedeuas.com>

## SDBC Race Results

Quick n' Dirty MTB racing, Dirty 30, 12/03/2022

Andrew Moradpour, 2nd, Men Open / 15 miles  
Ted Kirkbride, 14th, Beginner Men 40+ / 30 miles  
Eric Geier, 9th, Sport Men 16-39 / 30 miles  
David Morrison, 4th, Sport Men 40+ / 30 miles  
Stephen Burge, 10th, Sport Men 40+ / 30 miles  
Lilian McCormick, 1st, Sport Women 16+ / 30 miles  
Esther Walker, 6th, Expert Women 16+ / 30 miles  
Katherine Nadler, 7th, Expert Women 16+ / 30 miles

David Gomaidy | [men45director@sbc.org](mailto:men45director@sbc.org)



## CLASSIFIEDS



2018 Specialized Roubaix Pro 61cm  
With Dura-Ace pedals and 2 water bottle cages.  
Original owner. Ridden <500 miles. Needs new tires but otherwise excellent condition. Serious offers considered.  
Jim, 951-333-9052, [socal29er@icloud.com](mailto:socal29er@icloud.com)



Specialized S-Works 7 Road Shoe 48  
With Shimano blue cleats. Never worn. Serious offers considered.  
Jim, 951-333-9052, [socal29er@icloud.com](mailto:socal29er@icloud.com)

## Membership

Michael, your support makes a difference! Thank you!

Your membership expires on:  
Not A Member :( Please join today using the SDBC Membership link below!

If you need to renew or join, do it today at [SDBC Membership](#).

Membership Director  
[membership@sdbc.org](mailto:membership@sdbc.org)

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[weekly@sdbc.org](mailto:weekly@sdbc.org)



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