



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



NOTICE TO THE MEMBERS

Meeting of the Board of Directors

Tuesday, February 7, 2023
6:30 PM - 8:30 PM (PDT)

Everyone is welcome!

More info coming Next Week!

President's Message

Thank you to those who joined us for a fabulous banquet event. It was an entertaining and fun evening for all involved. A celebration of where the club has been, and where we're going this year. Congratulations to all of our 2023 SDBC Best-All-Round Award winners and our Perpetual Award winners! And an extra special mention for Cyclist of the Year Charlie Sykes as he joins the esteemed ranks of the Lifetime Membership club. See you on the road.

Cheers,

Simon Bott-Suzuki
President SDBC
president@sdbc.org



SDBC KITS



The clothing store is NOW up and running!
Click on Link below!

SDBC Clothing Store

The Password is: **sdbc2023**

Please let me know if you have any questions!

Cheers,
Vali Holroyd
Clothing Director
clothing@sdbc.org



PACTIMO

74th Banquet of Champions

Banquet Photo's
Award Recipients 

Photo's by: Richard Lee



Cyclist of the Year and New Lifetime Member

Charlie Sykes



LIFETIME MEMBERS

Lifetime Memberships are awarded to members who have gone “above and beyond” with their devotion and dedication to the San Diego Bicycle Club. Their efforts and many years of volunteer service have helped to make SDBC a great organization.

“You cannot buy a Lifetime Membership... it's something that is earned!”

Ralph Elliot

SDBC Lifetime Member

[Visit our Website](#)

SDBC Club Awards

Perpetual Awards

Cyclist of the Year - Charlie Sykes
Teammate of the Year - David Gomaidy
Ride Leader of the Year - Tony Lowery

Best All-Around Rider (BAR) Awards

BAR - Men - David Morrison
BAR - Women - Karina Esqueda
BAR - Most Improved - Matt Normand
BAR - Veteran 35+ Esther Walker
BAR - Master 45+ Steve Burge
BAR - Master 55+ Robert Davies
BAR - Junior (16-18) Natalie Wang
BAR - Junior (13-15) Sofia Rossi
BAR - Junior (12 and under) Aaron Wang

SDBC Events Calendar

Here you can find **SDBC events** for both the Current and Future Months.

Looking for Cycling Events around San Diego
[Look Here!](#)

Fiesta Island Time Trial

Fiesta Island Time Trials is San Diego's original time trial series since 1998, sponsored by San Diego Bicycle Club. We use [WebScorer.com](#) for online registration, timing, and results to streamline the process. Results will be posted after the last rider has finished. The race is held rain or shine! There are 150 riders maximum per day, and the event sells out very early. Entry is on a first come, first served basis. Sign up early on [WebScorer.com](#).

REGISTRATION

Register online at on [WebScorer.com](#).

2023 SERIES DATES

Sunday, January 29

Sunday, April 9

Sunday, May 14

START

The event starts promptly at 07:00 AM US Pacific, rain or shine! An air horn at the start line will announce the beginning of the event. Riders start every 30 seconds.

COURSE

Fiesta Island is as flat as it gets. There is no more than 10 feet of rise on the course per lap. All riders, except young juniors, do three laps on the 'long' course to complete a distance of 20k

See our [Fiesta Island Time Trial](#) page for more info.



Be Sure to Check out all of our [2023 Sponsors](#)

Click on Banner to access their Website

CAFÉ LaTERRE

— FOR THE LOVE OF COFFEE —



San Diego Bike Coalition Events

Farmers Open Golf Tournament - Bike Valet January 25th - 28th Volunteer Opportunities

Looking for some volunteering opportunities? Look no further. We are in need of volunteers for several upcoming events.

Click below to see available shifts.

Each year, SDCBC provides bike valet service for the golf tournament - a free option for those that attend. Help us support the Farmers Open by signing up for a shift or two.

Bike valet is located by the Hilton, midway up the golf course. Close enough to hear the excitement play-by-play! Sound interesting? Click below to view available shifts.

[Volunteer Signup](#)



<https://sdbikecoalition.org>



SOURCE ENDURANCE

Source Endurance is a group of highly educated, experienced and collaborative coaches who have guided clients to successfully meet and exceed their fitness and performance goals in cycling. We have worked with athletes ranging the entire age and experience spectrum and across many disciplines. Source Endurance strives to help each client enjoy the success that comes with an exceptional performance on days that matter to them.

R.I.S.E.
Physical Therapy





SDBC Gear Bags

SDBC Gear bags are still available from the Pedal Industries' SDBC store! Click on [SDBC Collection](#) to see all the available items.

Switchback Velo

What we do

We at Switchback Velo aspire to be an inclusive cycling hub that serves all aspects of the community by offering everyone the highest level of integrity in all the work that we do. We aim to help everyone, from getting to work, to getting on podiums

Welcome to your local full service bike shop

Open 7 days a week

5699 La Jolla Boulevard, La Jolla, California

CLASSIFIEDS

Santa Cruz Highball for sale

Category: XC / Cross Country Bikes

Condition: Good - Used, Mechanically Sound

Frame Size: L

Wheel Size: 29"

Material: Carbon Fiber

Will throw in goodies (alloy wheels, bars, stem, dropper post). Pedals not included. [See Details Here](#) or [to Message Seller](#)

[Santa Cruz Cross Bike](#)

Thank you,
Andrew Moradpour



Shipping Box for sale

Shipping box for sale. \$20.00

Rod Stubbs

rods2001@aol.com

303.907.5229



For Sale - CycleOps/Saris Hammer H2 Smart Trainer

Includes the adaptors for QR and various sizes of thru axles, spacers for 9, 10, 11/12 speed cassettes, manual, and even the original box. Also will include a sweat guard + phone holder for free. Compatible with Zwift and the other major training apps/ecosystems. I purchased this to use during the pandemic stay-at-home orders but seldom use these days. Review located here:

[Review](#)

\$500 OBO. Retail new for >\$800

Frank (flehnerz.uwyo@gmail.com) 858-257-9530



For Sale

Louis Garneau, Women's Multi Air Flex II Bike Shoes

For indoor cycling, commuting and mtb, SPD cleat compatible with mtb and road pedals, Dark Night color, size 40.

Used for three rides by my wife. Like new--clean and ready to go. \$75/obo.

Contact Steve @ 858-735-6570



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Newsletter Submissions

Newsletter Submissions and Suggestions are encouraged. Deadline by Tuesday Evenings. You may submit them to the SDBC Weekly Update Editor at:

weekly@sdbc.org

FLUID

Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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