



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



President's Message

Still a chilly start to the year, but that's not stopping our members from piling on the miles. The Strava widget on the website shows we've collectively covered thousands of miles already this year. Check out the club website to [view the leaderboard](#) every week, and sign up to add yours to the pile!

Just a note that if you have questions about the new kit or your kit order, please contact our Clothing Director Vali at clothing@sdbc.org. Pactimo are not set up to answer queries about our custom order details, and Vali can answer quickly and accurately.

See you on the roads,

Cheers,

Simon Bott-Suzuki
President SDBC
president@sdbc.org





The clothing store is up and running!
Click on Link below!

SDBC Clothing Store

The Password is: **sdbc2023**

Our first 2023 SDBC team store is now closed and on order. The second store is already open and will close March 5th. If you have ANY questions about SDBC custom kit, please DO not call Pactimo! They are not set up to answer the multiple teams' questions and choose to work with clothing directors to handle inquiries from the team members. If you ever have any questions about SDBC kit, please reach out to me.

Cheers,
Vali Holroyd
Clothing Director
clothing@sdbc.org

STORE CLOSURES

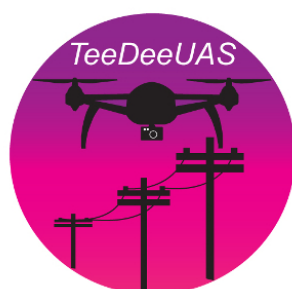
MARCH

5

EST. DELIVERY

APRIL

17



PACTIMO

FITT Womens' Results

20K Individual Time Trial Women's Merckx Open

3rd Place - Kat Kolb

Women's 20K Team Time Trial

1st Place - Beril Polat, Katherine Nadler, Lilly McCormick, Julie Bartolomei

Katherine Nadler

Women's Cat 1-2-3 Team Director



Juniors' Race Results

SoCal MTB League Grades 7/8

Alex Partridge 31st

36th Annual Roger Millikan Memorial Grand Prix

15-18 Girls

Lara Mertens 1st, 5th Cat 4/5 Woman's

Abigail Moe 2nd, 16th Cat 4/5 Woman's

Devon Muto

Juniors Team Director

CAFÉ La TERRE
— FOR THE LOVE OF COFFEE —



Results from the Roger Millikan Memorial Grand Prix, 2/12/2023

Simon Bott Suzuki, 6th place, Cat 5
Benjamin Anton, 16th place, Cat 4
Rafael Valente, 54th place, Cat 4
Scott Walters, 60th place, Cat 4
Troy Underwood, 62nd place, Cat 4
David Garcia, 46th place, Cat 2/3
David Garcia, 3rd place, Cat 2/3 (Most Assertive rider)
Eric Geier, 18th place, Cat 2/3
Michael Morrison, 49th place, Cat 2/3
David Morrison, 53rd place, Cat 2/3
David Morrison, 1st place, 50+ Cat 1-3
David Morrison, 2nd place, 50+ Cat 1-3 (Most Assertive rider)
Conrad Hindert, 13th place, 40+ Cat 1-3
Fabiola Garcia, 11th place, Women Pro 1,2,3
Deryn Leduke, 13th place, Women Pro 1,2,3

CBR#2 Carson, CA, 01/05/23

Doug Small, 34th place, Men 50+ Cat 1/2/3
Simon Bott Suzuki, 19th place, Men Cat 5
Jacob Finnell, 50th place, Men Cat 5
Rafa Valente, 58th place, Men Cat 4
Fabiola Garcia, 16th place, Women P-1,2,3
Alexa Alarcon, 18th place, Women P-1,2,3

David Gomaidy
Men's Cat 1-2-3-4-5/Masters Team Director



SOURCE
ENDURANCE

Hi SDBC Members,

As we kick off a new 2023 riding season there's a few sponsor updates

that we want to make you aware of. We're fortunate and thankful to have many returning sponsors from 2022 but we're also welcoming 3 new sponsors this year, Switchback Velo, R.I.S.E. Physical Therapy, and Source Endurance. As a member of SDBC, our sponsors offer our members discounts on their products and services. Below are changes in member discounts and member discounts from our new sponsors for 2023.

Changes:

- **UC Cyclery** is still an SDBC sponsor, but **SDBC members no longer receive a 10% discount**
- **Switchback Velo** (a local bike shop in Bird Rock) offers **SDBC members with a 20% discount on bike fits and 10% discount on parts and labor on all bike repairs**
- **R.I.S.E. Physical Therapy** will provide a 10% discount on services
- **Source Endurance** is offering discounts on their coaching packages and bike fits

You'll continue to receive a **10% discount at Café La Terre.**

In Touch Chiropractic, The Physical Therapy Effect, Plant Power, and Rouleur are not sponsors for the 2023 riding season so any discounts received in 2022 are no longer valid.

Our sponsors support our club so if you find yourself in need of their services please consider supporting their business as a thank you for sponsoring us.

If you have any questions about sponsor discounts please reach out to sponsorship@sdbc.org

Thank you,
Candice Wyatt
Director of Sponsorships

R.I.S.E.
Physical Therapy

PADRES PEDAL
THE CAUSE

3.18.23
AT PETCO PARK

For any questions or concerns, contact the individual below who is in charge of the event. SDBC is volunteering to help provide assistance. Thank you.

Megan Waddell

Curebound | Director, Padres Pedal the Cause
9191 Towne Centre Drive, Suite 310, San Diego, CA 92122
Direct: 619.314.5556 | Cell: 775.450.6894
Email: megan@curebound.org | Web: www.curebound.org

Volunteer signup

SAG Mechanics:

Need 10 mechanics

Paid \$150 for the day plus a wristband for food and beverage at Petco Park.

Call time scheduled for 6am at Petco Park (some may start later) – could be up to an 8-hour shift depending on course assignment
Tubes, tires, CO2, and bike pump would be provided in the car – we would ask that mechanics bring other bike tools they feel necessary to use.

Any major mechanical issue will result in the rider being transported back to Petco Park.

Ride Marshals:

Marshal the course of your choice by registering to volunteer. (40 marshals needed on different courses – 25, 55, and 75 miles)

Victor Vargas

Volunteer Coordinator - San Diego Bicycle Club
volunteer@sdbc.org



Specialty Produce is a family owned and operated food service and retail fresh produce supplier located in San Diego, CA. A premium provider for more than thirty years, Specialty Produce continues to be a leader in service, product quality and technology.

SDBC Events Calendar

Here you can find SDBC events for both the Current and Future Months.

Looking for Cycling Events around San Diego
[Look Here!](#)

Only 2 Months left to get Ready!!



2023 RACE DAY

SUN APR

16

North City
255 Redel Road, San
Marcos, CA. 92078



SDBC Gear Bags

SDBC Gear bags are still available from the Pedal Industries' SDBC store! Click on [SDBC Collection](#) to see all the available items.

Switchback Velo

CLASSIFIEDS

**For Sale - CycleOps/Saris Hammer
H2 Smart Trainer**

Compatible with Zwift and the other major training
apps/ecosystems.

Review located here:

\$500 OBO. Retails new for >\$800

Frank (flehnerz.uwyo@gmail.com) 858-257-9530

For Sale

Louis Garneau, Women's Multi Air Flex II Bike Shoes

For indoor cycling, commuting and mtb, SPD cleat compatible with mtb and road pedals, Dark Night color, size 40.

Used for three rides by my wife. Like new--clean and ready to go. \$75/obo.

Contact Steve @ 858-735-6570



amazonsmile
You shop. Amazon gives.

Want to make donations to SDBC at no cost to you? Shop at smile.amazon.com and choose "San Diego Bicycle Club".

Newsletter Submissions

Newsletter Submissions and Suggestions are encouraged. Deadline by Tuesday Evenings. You may submit them to the SDBC Weekly Update Editor at:

weekly@sdbc.org

FLUID

Membership

Michael, your support makes a difference! Thank you!

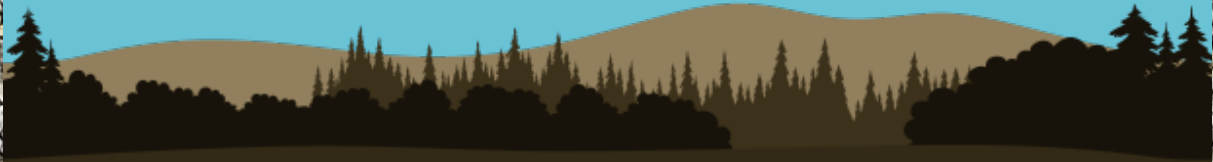
Your membership expires on:

If you need to renew or join, do it today at [SDBC Membership](#).

Membership Director

Not A Member :(Please join
today using the SDBC
Membership link below!

membership@sdbc.org



Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



San Diego Bicycle Club | PO Box 80562, San Diego, CA 92138

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