



WEEKLY UPDATE
for members of the
San Diego Bicycle Club



NOTICE TO THE MEMBERS

Meeting of the Board of
Directors

Tuesday, Nov. 14, 2023
6:30 PM - 8:30 PM (PDT)

Everyone is welcome!

Zoom Link

Meeting ID: 876 3150 0001
Passcode: 221251

[AGENDA Here](#)

This notice complies with SDBC
Bylaws, Section III-L Meetings &
Notice of Meetings.

Mike McLaughlin
Secretary
secretary@sdbc.org

2024 Preliminary Slate of Officers & Directors

As of November 7, 2023

Executive Committee

President: Simon Bott-Suzuki 2yr 2024-2025

Vice President:

Secretary: Mike McLaughlin 1yr 2024

Treasurer: Michael Karres 1yr 2024

Financial

Sponsorship: Scott Walters . .

Membership:

Clothing: Gavin Gattas 2yr 2024-2025

Equipment: Michael Pelkey 1yr 2024

Community & Communications

Community Engagement: Jerry Marino 2yr 2024-2025

Special Events: Peter Livingston 1yr 2024

Volunteers: Victor Vargas 2yr 2024-2025

Weekly Update: John Keturi 1yr 2024

Webmaster: Tim Perkins 2yr 2024-2025

Bike Coalition: Serge Issakov 2yr 2024-2025

Historian: Ralph Elliott 1yr 2024

Rides & Races

Training: Charlie Sykes 2yr 2024-2025

Executive Race Director: Ben Anton 1yr 2024

Fiesta Island Time Trial (FIT): Doug Dunn 2yr 2024-2025

Teams

Juniors: Devon Muto 1yr 2024

Women's Cat 1-2-3: Fabiola Garcia ?

Women's Cat 4-5-Masters: Amy Ousterhouse ?

Men's Cat 1-2-3: David Garcia 1yr 2024

Men's Cat 4-5: David Gomaidy 2yr 2024-2025

Off Road: Stephen Burge 2yr 2024-2025

Dear all,

The club annual elections are close at hand as we all prepare for the holiday (riding) season. You'll find the slate of Directors the Board has put together above. This will be put up for approval by the full board at the Tuesday 14th November meeting, and they will then go forward for election at the Tuesday December 12th meeting.

This is your club and you are always welcome to be involved in the BoD meetings, and nominating and voting for Directors is a crucial part of how we operate. All positions are open for nominations (including self-nominations) at the November meeting and the December elections, so please be involved, ask questions and show your support

Cheers, and see you on the roads,

Simon Bott-Suzuki

President SDBC

president@sdbc.org



JOSHUA BONNICI

Managing Attorney

*We are San Diego's bicycle,
injury, and disability legal
team.*



Racing Report



Quick n Dirty MTB Racing - Filthy 50

Escondido, CA, 10/28/2023

50 mile race

Conrad Hindert, 32nd place, Expert Men Open

David Morrison, 41st place, Expert Men Open

Martin Adamczyk, 57th place, Expert Men Open

Stephen Burge, 60th place, Expert Men Open

Ara Oggoian, 72nd place, Expert Men Open

Eric Boarman, 44th place, Sport Men Open

Glenn Rauch, 64th place, Sport Men Open

Eric Geier, 2nd place, Masochist (SS) Men Open

Lilian McCormick, 2nd place, Sport Women Open

Katherine Nadler, 3rd place, Sport Women Open

Deryn Leduke, 4th place, Sport Women Open

Esther Walker, 10th place, Expert Women Open

Julie Bartolomei, 2nd place, Drop Bar Women Open

Dana Song, 11th place, Sport Women Open

30 mile race

Andrew Moradpour, 14th place, Men Open



PACTIMO

San Diego Bicycle Club Fit Kit Night

(OPEN TO SDBC MEMBERS ONLY! Join or Renew today)

We will be introducing our 2024 SDBC kit designs. Changing rooms will be available to try on sample clothing to confirm your sizing.

Date: Thursday, November 16, 2023

Time: 5-8 PM

Location: Switchback Velo, 5699 La Jolla Blvd, La Jolla, CA 92037

Parking: Nearby street parking is available

There will be free pizza, beer, wine, soft drinks and give-aways

Meet our SDBC vendors, including Switchback Velo
(www.switchbackvelo.com)

Peter Livingston

SDBC Special Events Director

CAFÉ LaTERRE

— FOR THE LOVE OF COFFEE —

37th Annual Holiday Toy Ride

When: Saturday, December 9, 2023 rolls at 0845

Where: UC Cyclery

Distance: 40 miles [Route Strava](#)

Join San Diego Bicycle Club for our Annual "Light Up A Life" Holiday Toy Ride to benefit the Salvation Army. The 40-mile round trip ride starts at 0800 at **UC Cyclery** located at La Jolla Village Square



SDBC Clothing Store

Our current 2023 SDBC team store is



Closed!

New dates TBA

Gavin Gatta
Clothing Director
clothing@sdbc.org

SOURCE ENDURANCE

Click for exclusive SDBC Member Benefits

Other events around San Diego

Looking for Cycling Events around San Diego

[□ Look Here!](#)

Non-SDBC sponsored, but you will see many SDBC riders on these Weekday Rides

So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides will further enhance SDBC camaraderie, and will encourage others to check in with each other and get out and ride more. Click below and check out these rides!

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So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides shown below have the potential to draw more folks to SDBC, and will encourage others to check in with each other and get out and ride more.

Contact Michael Pelkey at equipment@sdbc.org with additional ride ideas.

It is getting darker earlier. Check with riders you know as this may affect some of the early evening rides.

Sunday morning: Sunday morning: SDBC bike shop sponsor Switchback Velo hosts a ride that changes weekly leaving from their shop at 5699 La Jolla Blvd in Birdrock/La Jolla with a typical stop at Coffee Cycle in PB on the way back. 8:45 meetup, 9:00 roll out. Bring fresh legs, but typically no-drop. Contact Ian Campbell 858-230-6484, M-F: 8-6 or email ian@switchbackvelo.com

Monday or Tuesday, sometimes Friday mornings: SDBC members Michael N, Victor V, Ron G, and Michael P ride from Plaza Bonita in Chula Vista, near start of the bike path. We leave at 9:00, heading west, then down the coast, and up the Silver Strand into Coronado, a couple of times a week at 40 miles round trip. We hook up with other Chula Vista riders that we know and sometimes have 8-10 riders, a pushing D1-C pace with a coffee stop at Coronado Coffee Co. at the ferry landing before heading back. Contact: Michael Pelkey 858-997-4893 if interested.

Mon/Wed or Tue/Thu late afternoons: Carmel Valley Loop - SDBC members Jordan, Brice, and some others do a spirited 20-30 mile D1-C paced coastal ride from Sorrento Valley Rd Park & Ride up to the roundabout just past McGee Park in Carlsbad with a coffee stop in Solana Beach on the way back, occasionally adding an additional 9 mile loop. 47.5 miles. Leaves at 4:00 pm. Routes and times may vary based on group interest. Contact: Jordan Becker 858-603-6499.

Tuesday morning: The Cool Riders Ride - SDBC members Ed Leonard, Niven Howlett, and some others do a D1-C paced coastal ride from Sorrento Valley Rd Park & Ride up to the roundabout just past McGee Park in Carlsbad with a coffee stop in Solana Beach on the way back, occasionally adding an additional 9 mile loop. 47.5 miles. Leaves at 9:00. Contact Ed or Niven at SDBC Sat Ride or just show up.

Tuesday Mornings: Fiesta Island Pacerline



- offers SDBC members with a **20% discount on bike fits and 10% discount on parts and labor** on all bike repairs



15th Annual Mike Nosco Ride

“Was it hard?”—Mike’s brother Jack, and creator of the Mike Nosco Ride asked when I finally rolled in to Borchard Park back at the start, with a mischievous gleam in his eye. “Yes, Jack.” “Good, it is supposed to be hard.” I knew that.
-Michael Pelkey



Please check out the Mike Nosco Ride at <https://mikenosco.com/wp-content/uploads/2023/11/Nosco-Ride-Guide-2023.pdf>. And be sure to check out Mike’s Story at the bottom. You will soon see what this ride is all about and why you may want to consider riding this most challenging, and hence, rewarding event in 2024!

SDBC Wheel Sale

SDBC Wheel Sale

Sale is Open to ALL!

Pricing has been Reduced to Move!

These are **GREAT DEALS** on some Great

Wheels! **Once Gone. They're Gone!**



47 mm, carbon, Disc, thru-axle, 12x100, 6 bolts
Qty 2 - \$554.00 - FCC 4.7 (47 mm) - USED, VG condition - White decal/
Red outline, white spokes, 2 red - TUBELESS CAPABLE - (#5 and 5.75)

Click on "Image" to see the availability of Wheels!

contact equipment@sdbc.org if interested



For Sale

2021 Aethos Pro

SRAM Force eTap AXS, 12-Speed

Color: Gloss Blush Size: 52

Condition: Excellent with low mileage; has not been ridden in the past 12 months

Original price, \$7,800; Asking \$6,000 which *includes Wahoo Powerlink Zero Pedals* (Retail price of the pedals is \$1,000)

Please text [925-858-0086](tel:925-858-0086) if you are interested.



FLUID

Fluid Sports Nutrition Online Store

Order your favorite Fluid products online. Free shipping on package deals and low flat rate shipping on everything else. The current SDBC discount period is over. Discounted rates are offered 4x/yr and will be posted here when the next discount period begins. Automatically save 15% when you sign up store.livefluid.com



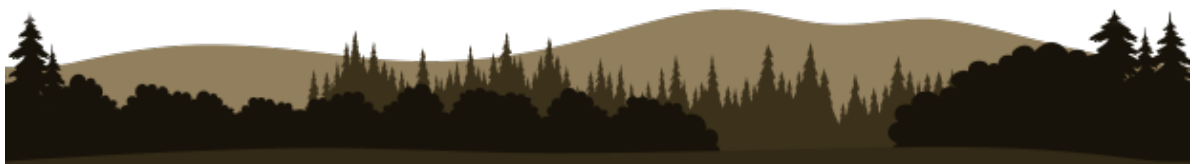
Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org



Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



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