



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



Dear all,

Elections for the Board of Directors, Cyclist, Teammate, and Ride Leader of the Year will be at the Tuesday December 12th meeting. This is your club and you are always welcome to be involved in the BoD meetings, and nominating and voting for Directors is a crucial part of how we operate.

Cheers, and see you on the roads,

Simon Bott-Suzuki

President SDBC

president@sdbc.org



JOSHUA BONNICI

Managing Attorney

*We are San Diego's bicycle,
injury, and disability legal
team.*



Racing Report

EACC Upgrade Race p/b PRT

Chula Vista Elite Athlete Center Criterium, 11/11/2023

Scott Walters, 12th place, Cat 4/5

Robert Davis, 8th place, Cat 3/4

Max Haggard, 1st place, Cat 2a

David Morrison, 2nd place, Cat 2a

David Morrison, 1st place, Cat 2b

Robert Davis, 9th place, Cat 3

Jacob Fajnor, 7th place, Cat 4

Scott Walters, 19th place, Cat 4



The 9th Annual Filthy 50+

Saturday, October 28, 2023

It went through various areas of San Dieguito River Park and Black Mountain Park. Fast and flowy for all skill levels



Photo's Contributed by:
Katherine Nadler





PACTIMO



STORE CLOSÉS

NOVEMBER

19

EST. DELIVERY

DECEMBER

18

SDBC Clothing Store

Our current 2023 SDBC team store is

Open!

You should have received a Clothing update with **ALL** the info on Monday November 13th. **Click on the image above to access store, no passcode required!**

Gavin Gatta
Clothing Director
clothing@sdbc.org

This year, we will have two kits available (white or black). Please note that the first store closes on **November 19**. This will allow members to receive their kits before the holidays. That being said, we are pleased to offer a **30% DISCOUNT ON ALL KITS PURCHASED BY 11/29!!** There will be a second store window opening on November 19 and will close on November 29. All kits ordered by 11/29 will be eligible for the 30% discount, which is already reflected in the pricing on the team store.

CAFÉ LaTERRE

— FOR THE LOVE OF COFFEE —

37th Annual Holiday Toy Ride

When: Saturday, December 9, 2023 rolls at 0845
Where: UC Cyclery
Distance: 40 miles [Route Strava](#)

Join San Diego Bicycle Club for our Annual "Light Up A Life" Holiday Toy

Ride to benefit the Salvation Army. The 40-mile round trip ride starts at 0800 at UC Cyclery located at La Jolla Village Square



SOURCE ENDURANCE

Click for exclusive SDBC Member Benefits

Other events around San Diego

Looking for Cycling Events around San Diego

[□ Look Here!](#)

R.I.S.E.

Physical Therapy

**Non-SDBC sponsored, but
you will see many SDBC
riders on these Weekday
Rides**

So often we are asked, "does

Non-SDBC sponsored, but you will see many SDBC riders on these Weekday Rides

So often we are asked, "does SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides shown below have the potential to draw more folks to SDBC, and will encourage others to check in with each other and get out and ride more.

Contact Michael Pelkey at equipment@sdbc.org with additional ride ideas.

It is getting darker earlier. Check with riders you know as this may affect some of the early evening rides.

Sunday morning: Sunday morning, SDBC bike shop sponsor Switchback Velo hosts a ride that changes weekly leaving from their shop at 5699 La Jolla Blvd in Birdrock/La Jolla with a typical stop at Coffee Cycle in PB on the way back. 8:45 meetup, 9:00 roll out. Bring fresh legs, but typically no-drop. Contact Ian Campbell 858-230-6484, M-F, 8-6 or email ian@switchbackvelo.com

Monday or Tuesday, sometimes Friday mornings: SDBC members Michael N, Victor V, Ron G, and Michael P ride from Plaza Bonita in Chula Vista, near start of the bike path. We leave at 9:00, heading west, then down the coast, and up the Silver Strand into Coronado, a couple of times a week at 40 miles round trip. We hook up with other Chula Vista riders that we know and sometimes have 8-10 riders, a pushing D1-C pace with a coffee stop at Coronado Coffee Co. at the ferry landing before heading back. Contact: Michael Pelkey 858-997-4893 if interested.

Mon/Wed or Tue/Thu late afternoons: Carmel Valley Loop - SDBC members Jordan, Brice, and some others do a spirited 20-30 mile D1 pace ride leaving from 3804 Valley Cir Dr (just W. of Carmel Creek Rd), going east around Black Mountain and returning via the 56 BP, leaving at 3:30 pm. Routes and times may vary based on group interest. Contact: Jordan Becker 858-603-6499.

Wednesday: The ongoing Wednesday Coffee Ride (la tour du café) - SDBC members Linda, Tom, Pete, Jerry J, Manuel, Michael P and others on a D3 pace ride from the second parking lot north of Fiesta Island and ride to SDBC sponsor coffee shop, Café LatERRE, in Solana Beach and back. 36 miles. Rolls at 8:00. Just show up.

SDBC do any other rides besides Saturday?" Officially, no, but riders getting together for the rides will further enhance SDBC camaraderie, and will encourage others to check in with each other and get out and ride more. Click on image and check out these rides!

If you are a member of **Strava**, I would encourage you to "join" the "SDBC" club. Posts made to Strava can then be incorporated to further enhance our weekly update and other newsletters. You can also submit to weekly@sdbc.org, race or ride photo's and comments to share with SDBC.

John Keturi

weekly@sdbc.org

Weekly Update Director



- offers SDBC members with a **20% discount on bike fits and 10% discount on parts and labor** on all bike repairs

SDBC Wheel

Sale

SDBC Wheel Sale

Sale is Open to ALL!

SOLD

Pricing has been Reduced to Move!

These are **GREAT DEALS** on some Great
Wheels!

Once Gone. They're Gone!



47 mm, carbon, Disc, thru-axle, 12x100, 6 bolts
Qty 2 - \$554.00 - FCC 4.7 (47 mm) - USED, VG condition - White decal/
Red outline, white spokes, 2 red - TUBELESS CAPABLE - (#5 and 5.75)

Click on "Image" to see the availability of Wheels! More wheels have been sold, but there are still a few sets available.

contact equipment@sdbc.org if interested



For Sale

2021 Aethos Pro

SRAM Force eTap AXS, 12-Speed

Color: Gloss Blush Size: 52

Condition: Excellent with low mileage; has not been ridden in the past 12 months

Original price, \$7,800; Asking \$6,000 which *includes Wahoo Powerlink Zero Pedals* (Retail price of the pedals is \$1,000)

Please text [925-858-0086](tel:925-858-0086) if you are interested.



2023 CAAD13 60cm

Brand new warranty replacement frame and fork. Disc Brake, *Asking \$900.*
-Dale Bemis 314-441-0623



FLUID

Fluid Sports Nutrition Online Store

Order your favorite Fluid products online. Free shipping on package deals and low flat rate shipping on everything else. The current SDBC discount period is over. Discounted rates are offered 4x/yr and will be posted here when the next discount period begins. Automatically save 15% when you sign up



Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org



Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org



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