



WEEKLY UPDATE

for members of the
San Diego Bicycle Club



NOTICE TO THE MEMBERS

Board of Directors Meeting

**Tuesday, April, 9th, 2024
6:30 PM - 8:30 PM (PDT)**

Everyone is welcome!

Zoom Link

Meeting ID: **876 3150 0001**

Passcode: **221251**

AGENDA **TBD**

This notice complies with SDBC
Bylaws, Section III-L Meetings &
Notice of Meetings.

Mike McLaughlin
Secretary
secretary@sdbc.org

Dear all,

April 13th is FITT #2. The course is flat and entirely on a closed road, making it ideal for achieving fast times.

Registration

Participants can register online through the event's **official website** or on the day of the event, depending on availability. The Fiesta Island Time Trial is a well-organized and popular cycling event that offers cyclists an opportunity to test their speed and fitness in a competitive setting. Whether you're a seasoned racer or a beginner looking to challenge yourself, the Fiesta Island Time Trial is a great event to participate in or spectate.

The next **Board of Directors meeting** is scheduled for April 9th. Board meetings are crucial for the effective governance and strategic direction of an organization. They provide an opportunity for the board and general members to collaborate, make decisions, and ensure the organization is operating in the best interests of its members.

Club Photo

- **Saturday, April 27, 2024**
- UC Cyclery
- 8715 Villa La Jolla Drive La Jolla, CA, 92037 United States

NOTE: Our annual club photo will be taken just before the club rides roll out

Cheers!

Simon Bott-Suzuki

President SDBC

president@sdbc.org



JOSHUA BONNICI
Managing Attorney

We are San Diego's bicycle, injury, and disability legal team.



Safe Sport
Bronze Level

SAN DIEGO BICYCLE CLUB

San Diego's oldest and largest racing and recreational cycling club

April is Membership Month!

For all of April 2024, new members get 10% off membership fees!
Sign up for membership using code 'sdbc2024' at sdbc.org

Member Benefits

- ✓ Free weekend club and training rides for all abilities
- ✓ Racing teams for juniors, men, women from novice to Cat 1 including off-road and Masters teams
- ✓ Discounts and Club Nights from our sponsors, including nutrition products, glasses and other sponsor items
- ✓ Membership to the SDBC Team Clothing Store
- ✓ Special Rides and Events throughout the year
- ✓ Membership in the San Diego County Bicycle Coalition



SDBC Women's Team and Directors



Barrio Logan Grand Prix 2024

SDBC supports the cycling community

- ✓ 1,000+ Helmets donated to children in our community
- ✓ 25,000+ volunteer hours contributed to local cycling since 2007



[san DIEGO BICYCLE CLUB](https://www.facebook.com/san.diego.bicycle.club)

SDBC.ORG

[@SDBICYCLECLUB](https://twitter.com/SDBICYCLECLUB)

SDBC supports and promotes local businesses



CAFÈ LaTERRE





Racing Results

[Click on image to see ALL racing results](#)

Tour de Mexicali, Mexico
03/01/24 - 03/03/2024

Michael Morrison, 1st place, Masters 50+ General Classification

BWR Arizona
03/02/2024

David Morrison, 4th place, 50+ Waffle

Stephen Burge, 12th place, 55+ Waffle



Fiesta Island Time Trial

04/13/2024

The next FITT is on **Saturday, April 13**. Register [here](https://www.webscorer.com/registerseries?seriesid=340481).

Volunteer opportunities for "Fiesta Island Time Trial #2, April 13, 2024" are now open. Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet. To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

volunteersignup.org/XKKPL

Victor Vargas
Volunteer Coordinator
volunteer@sdbc.org



Cycling shape: La Jolla resident creates bike routes in animal forms across San Diego County

Robert Yedidsion shares his maps online so others can ride them. He next plans paths in the shape of a rose and a Viking ship.



WOW, a San Diego event was actually washed out due to

rain. No Saturday rides last week! ☐. If you missed it, Click on the image above to watch an exhilarating "A" ride ☐☐ perspective!



PACTIMO

PADRES**PEDAL**
THE CAUSE

A World
Without
Cancer

Join SDBC at Pedal the Cause

Padres Pedal the Cause is a local nonprofit that seeks to fund cancer research that will lead to increased survivorship and ultimately, cures for cancer. Their biggest fundraising effort is an annual cycling event at Petco Park.

[Click here](#) for more information about [Pedal the Cause](#)

Padres Pedal the Cause is looking for volunteer mechanics and ride marshals on the course :

Mechanics - Looking for mechanics to accompany our SAG vehicles on the course. We have driving and cars so we would just need to mechanic to ride along and help along the way. We offer \$150 and free lunch/ beer at Petco Park at the end of the course!

Ride Marshals - Looking for ride marshals on all 3 courses (25, 55, and 75 miles) to ride along and represent the organization by helping with flats and ensuring people feel safe.

- **Sunday, April 7, 2024**
- 6:00 AM - 4:00 PM
- Petco Park
- 100 Park Blvd San Diego, CA 92101 ([map](#))

Megan Parker

Padres Pedal the Cause

9191 Towne Center Dr. Suite 310 | San Diego, CA 92122

megan@curebound.org

CAFÉ La TERRE

— FOR THE LOVE OF COFFEE —

Solana Beach Hours:

Sunday / Monday: 10:30 am - 3:00 pm

Tuesday - Saturday: 8:00 am - 4:00 pm



STORE CLOSSES	EST. DELIVERY
APRIL	MAY
9	22

SDBC Clothing Store

Our current 2023 SDBC team store
is

Open!

This year you have your choice of either a white or black kit - or buy them both!

Gavin Gatta
Clothing Director
clothing@sdbc.org

Click on the image above to access store, no passcode required!

Team socks are available for purchase online at [SDBC Socks](#). They are available for pickup at Switchback Velo in Bird Rock. Please make sure to **bring a digital copy of your receipt.**

SOURCE ENDURANCE

Click for exclusive SDBC Member Benefits

Other events around San Diego

Looking for Cycling Events around San Diego

[□ Look Here!](#)



SDBC Riders doing their Thing!

Non-SDBC sponsored, Rides during the week

There are many Non-SDBC group rides during the week. Check this out to see where and when. You can also see stats such as average speed, distance, route, etc. Maybe just see what your fellow SDBC

Riders are riding during the week. Click here!

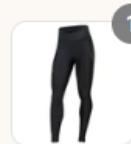
John K
weekly@sdbc.org
Weekly Update Director



Fluid Sports Nutrition Online Store

Order your favorite Fluid products online. Free shipping on package deals and low flat rate shipping on everything else. The current SDBC discount period is over. Discounted rates are offered 4x/yr and will be posted here when the next discount period begins. Automatically save 15% when you sign up store.livefluid.com

For Sale



Women's Sugar Thermal Cycling Tights
BLACK / L

\$50.00

Subtotal	\$50.00
Shipping	\$8.99
Taxes	\$3.88
Total	USD \$62.87

Will take \$50, even though I paid more with shipping/taxes. On sale. Unable to return.

Barbara Trenchi
Owner



AMERICA'S MOST
TRUSTED
COSMETIC
DERMATOLOGISTS

EVERY FRUIT
HAS A STORY



Membership

Michael, your support makes a difference! Thank you!

If you need to renew or join, do it today at [SDBC Membership](#).

Your membership expires on:
Not A Member :(Please join today using the SDBC Membership link below!

Membership Director
membership@sdbc.org

Send Comments and Suggestions to:
Weekly Newsletter Editor
weekly@sdbc.org





Try email marketing for free today!